



WILLIAM HARDING SCHOOL
Aim high... Work hard... Be kind...

WILLIAM HARDING SCHOOL

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3rd May 2024

Dear Parents and Carers,

RE: Forest School Information for Year 3 Pupils

You will have hopefully seen in previous communications that, at William Harding we are about to start our exciting journey of Forest School, beginning with **Year 3 from Monday 13th May**.

Every week each Year 3 class will have a session of Forest School in the afternoon, with our trained Forest School Leader as well as their normal class teacher and additional adults, following the timetable below.

- **Monday** - Rowan
- **Tuesday** - Hawthorn
- **Wednesday** - Beech
- **Friday** – Willow

What will happen during a Forest School session?

The sessions will be run within our ground by a qualified Forest School Leader and supporting members of WH staff.

The Forest School sessions will follow a routine that the children will soon become familiar with, including a group discussion, activity and explore and a final get together for reflection time before the end of the session.

What to wear?

- **Boots** –Walking boots or Wellington boots. Plastic wellies and several pairs of socks are a good idea if the weather is cold
- **Long trousers** – both in Summer and Winter, to keep warm and to protect from scratches, bites and sunburn
- **Long sleeved top** – both in Summer and Winter, to keep warm and to protect from scratches, bites and sunburn
- **Layers of clothing appropriate to the temperature and the season** – in Winter the children will need at least three layers to keep warm. Example: long johns, trousers and the waterproof dungarees work well for their bottom half, and for the top half, a base layer, fleece, long sleeved

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top and waterproof jacket is a good mix. It is best to avoid cotton next to the skin as it absorbs water rather than wicking it away from the skin

- **Hat** (for sun or warmth depending on the season)
- **Waterproofs:** A waterproof coat and trousers would be brilliant

Please ensure that all items of clothing and footwear are clearly labelled

These should be old clothes or clothes that parents/carers do not mind getting dirty. They will get dirty.

By ensuring your child has the correct clothing, you're not only helping them fully engage in the Forest School experience but also ensuring their safety and comfort throughout the sessions.

The children will change into their clothes before the Forest School session and put their uniform back on before going home.

If you have any questions or concerns regarding Forest School activities, please don't hesitate to get in touch.

Thank you for your continued support.

Kind regards,

Mr Liddle
Community & Behaviour Lead
William Harding School

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